

UPSET STOMACH

Pape's Diapiesin at Once Ends Sourness, Gas, Acidity, Indigestion

Don't stay upset! When meals don't sit on your stomach, when you feel indigestion, gas, flatulence, heartburn or headache, you can get instant relief.



No waiting! Pape's Diapiesin will put you on your feet. As soon as you eat one of these pleasant, harmless tablets all the indigestion, gas, acidity and stomach distress ends. Your druggist sells them.—Adv.

GRANITEVILLE

Mr. and Mrs. N. A. MacDonald were called to Springfield, Mass., Saturday by the dangerous illness of their son, Hugh MacDonald.

James Armstrong of Springfield spent the week end here with relatives.

The condition of Miss Margaret McRae, who has been seriously ill at the Barre City hospital, is a little improved. Miss McRae contracted pneumonia while helping out during the epidemic.

Theodore Lascor received a telegram Saturday night ordering him to report for service at Pelham Bay, N. Y. Mr. Lascor left last night.

Mrs. Anna Heney of Barre spent Sunday with Mr. and Mrs. James Sheridan.

Miss Evelyn Finnigan is visiting friends in Minneapolis, N. Y.

Miss Mae MacIver returned Saturday from Pittsford, where she has been spending a few days with her sister, Miss Henrietta McLean.

Miss Jessie MacLean, who is convalescing from an illness, is home from Boston, where she has been in training for overseas duties.

Mrs. M. A. McLean, who has been very ill, is able to be out of doors.

Mrs. Rogers, who has been caring for Mrs. Albert Suitor, returned to her home in Barre Saturday.

Fred Harmon is very ill with pneumonia.

EAST BROOKFIELD

Mrs. Grace (Levine) Bannister, wife of Charles Bannister, died at her home on east hill last Monday night, Oct. 14. Mrs. Bannister had been ill for about two weeks with influenza, which terminated in pneumonia. Private services were held at the house at 10 o'clock on Wednesday and interment was at East Brookfield cemetery.

Mrs. Bannister was the third in her family to pass away in a short time. Her husband died of influenza and pneumonia, having previously lost a brother, Edward Levine, and sister, Mrs. Rodney of Williamstown.

Mr. and Mrs. W. O. Austin, accompanied by her brother, Walter L. Carpenter, and son, Russell, of Tunbridge, attended the funeral of a brother, J. M. Carpenter of St. Johnsbury, last Thursday. Will Rutz carried them up in his car.

Mr. and Mrs. Wesley Bannister and son, Wesley, Jr., of Randolph, were in town last week to attend the funeral of Mrs. Charles Bannister.

Mrs. Ella Wills of Brantree is visiting at the home of her son, Wallace Fullam.

A daughter, Arlene Hazel, was born Oct. 15 to Mr. and Mrs. Oscar Lamson.

Friends and relatives of boys "over there" understand that only one Christmas package shall be sent to each boy and then through the American Red Cross, and all packages shall be mailed by Nov. 15. Anyone wishing to send articles to any particular "Sammy" will please leave things with his mother or some immediate friend, as they will have the tag, and carton provided by the Red Cross.

WEST BROOKFIELD

William K. Royce is visiting at his daughter's, Mrs. Will Webster, in Bull Run.

David Phillips of Raymond, Wash., is at the home of his parents, Mr. and Mrs. Ben Phillips.

Frank Webster returned Sunday to Roxbury. He has been helping at Mrs. Christopher's.

Mrs. David Phillips died Monday at 10 o'clock of pneumonia.

Harold Fisk of Northfield died Thursday evening at Robert Ditty's.

AMERICAN WOMEN LEAD THE WORLD

They Have Beauty, Health and Brains

"A really beautiful woman is always a healthy woman," remarked one of our noted beauty specialists, "for true beauty comes from the blood and strong steady nerves."

Rich, red blood, the fountain of life and youth, shows itself in a clear, rosy skin, rosy lips, rosy hair and a keen bright mind. Red blooded women, with strong nervous vitality, are sought after by men; they are the hope and leaders of the world.

American women lead the world in health, beauty and intelligence, and their number is increasing. They have learned the value of iron and phosphates in keeping them in perfect condition.

"The number of weak, pale, fagged, run down and nervous women is bound to decrease rapidly, once the power of Phosphated Iron becomes more generally known," said a leading doctor. "There is not a reason in the world why women should not be strong, happy and a joy to look upon when the remedy is at hand."

"Phosphated Iron has accomplished wonders with my patients. It has restored health, vitality, strong nerves and happiness to whole families. It's the healthy red, from blooded, strong phosphated iron men and women that enjoy life and lead in every work." Think it over! To insure doctor's advice, get the genuine Phosphated Iron we have put in capsules only, so do not allow cheap, inferior pills or tablets. Insist on capsules.

E. A. Brown, the druggist, and leading druggists everywhere.—Adv.

WILLIAMSTOWN

L. Marshall Jackson, who has been at work in Barre at the baggage room of the C. V. railroad, is confined at home by an attack of influenza.

Dean and Jesse Griffith are in Marshfield cutting pulpwood. They expect to move there with their families later.

Miss Lena Thurber is employed as nurse by Mrs. Carl A. Willey.

Forrest C. Hutchinson went to Portsmouth, N. H., yesterday, where he expects to find employment in shipbuilding.

His wife and daughter are to make their home for the present with C. A. Bemis.

Three extra large potatoes, weighing respectively 2 1/4, 2 1/2, and 3 pounds, have lately been on exhibition at F. A. Down's store. They were raised by Walter Matson and are of the variety known as the Lincoln potato.

H. A. Thurber, now in the Mary Fletcher hospital at Burlington for treatment for a broken leg, is reported to be doing well, but is not expected to be able to come home for some time yet.

Dr. V. H. Edson of Woodville, N. H., was in town Sunday for a brief visit to relatives at the home of his brother-in-law, Clyde McAllister. His wife, who had been staying there for a few days, returned home with him.

Rufus Allen of Putnamville has made an arrangement with Mrs. T. C. Waddell for the rental of her farm for a year, the owner retaining privileges of living in a part of the house. Mr. Allen is in town, but has not yet taken possession.

Miss Lucy J. White, who has been at the Ainsworths' for several weeks, went last week to Newton, Mass., where she will spend the winter.

Mr. and Mrs. O. B. Wood, former teachers in the high and grammar schools of the village, came to town last week to oversee the shipping of their household goods to their home in Georgia. Mr. Wood has three farms in that town and finds it very difficult to find help to work them. Their sons are to attend school in St. Albans.

BETHEL

Mrs. Bertha Hartwell and her son, John, are in Swanton, called by the illness of relatives.

W. E. Grant was in Rochester Saturday to attend the funeral of Mrs. Luthera Duffany.

Mrs. D. D. Smith returned Saturday to her home in Lowell, Mass., after visiting relatives, including her sister, Mrs. Grace Dean, who with her son, Harvey, left the sanatorium that day after illness with influenza.

At the rifle range last Saturday the best scores were by W. C. Whitaker, who at 400 yards secured 42 out of a possible 50.

Miss Blanche Shepard returned Saturday to Quincy, Mass., to resume teaching to-day.

R. E. Burnett visited his butter customers Saturday for the first time in three weeks, due to illness, from which he has recovered.

Miss Katherine Rogers is home from Walpole, Mass.

Charles Walker and family went this morning to Lawrence, Mass., to live. Mr. Walker, who is an expert workman, will take a position in one of the shipyards.

Vincenzo Tosi of Northfield, who died a few days ago, was for many years one of the most prominent granite cutters here and his death is much regretted by many in this place.

Matti Iivonen, who died recently in Barre, was for a few years a resident here and was employed at the Woodbury Granite company's cutting plant.

Benjamin L. Byram, who has been in the army more than a year, has been transferred to the quartermaster's department and assigned to duty at Baltimore, Md.

Ivers A. Hackett has been promoted to be a sergeant in the national army at Camp Hancock, where he is instructing recruits in machine gunnery.

The boy scouts under Scoutmaster Harvey have undertaken for Bethel the collection of peach pits, walnut and butternut shells, to be used by the government in the manufacture of gas masks.

NORTHFIELD

Three Deaths from Pneumonia Over the Week End.

Three deaths were reported over the week end here. Adolphus J. Bean of North Main street died Saturday afternoon of pneumonia after an illness of influenza. Mr. Bean is survived by his wife and five children, one of whom, a son, is in the U. S. navy. He was an employee of the Rabidon Lumber company and moved here from Montpelier about a year ago. Vail McCutcheon died Sunday, and an Italian child, Mr. McCutcheon was a young man, the son of Thomas McCutcheon, and was employed by the Central Vermont railway. He is survived by his father and one brother, John. This brings the death list here to 37.

TUNBRIDGE

Miss Maybelle, second daughter of J. W. Grant, who has been several years at the state asylum at Waterbury, died there yesterday of influenza the first of last week. The body was brought here for burial in the family lot in Durkee yard, Wednesday. She was almost 30 years of age, a graduate of the state normal school, and had taught several terms.

Thomas W. Smith is trying to enjoy very poor health. His many friends wish him all kinds of success!

Mrs. George W. Moody, local chairman, received a very pleasing letter from E. R. Morse of Proctor, state chairman of the fourth Liberty loan drive, commending her efforts and the people of Tunbridge upon going over the top so early in the attack.

J. W. Shirock is the latest influenza patient.

HAD BEEN IN HADES.

Representative John M. Rose, of Pennsylvania, likes to tell this story:

When Lincoln was still an insignificant country lawyer he had occasion to travel to a small town to take charge of a case. It was a drive of some 14 miles from the railway station to the town in which he was to spend the night. Wet and chilled to the bone, he arrived at last, but to his dismay found only a small fire built in the grate, while standing about it so as to exclude the heat from the travelers were the other lawyers interested in the case.

At length one of the group turned to Lincoln:

"Pretty cold, ah?" he asked.

"Yes," replied Lincoln, "as cold as it is hot in Hades."

"Ever been to Hades, stranger?" asked another.

"Yes," replied Lincoln solemnly.

This raised a faint smile among the other lawyers.

"What does it look like," they asked.

"Very much like this," said Lincoln, dryly: "All the lawyers nearest the fire."—National Republican.

ONLY TREATMENT THAT GAVE RELIEF

Suffered Three Years Before Finding "Fruit-a-lives"

CENTRAL WILMOT, BOSTON, MASS.

"For three years, I was troubled with Constipation, accompanied by Dizziness and Violent Headaches. I took medicines and laxatives, but without permanent relief.

Last October, I heard of "Fruit-a-lives" or Fruit Liver Tablets. I used one box and the results were so pronounced that I bought two dozen boxes.

I continued using "Fruit-a-lives" until the twenty four boxes were finished, when my physical condition was perfect." JAS. J. ROYALL.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or from FRUIT-A-LIVES Limited, OGDENSBURG, N. Y.

WELLS RIVER

Lizabell Warden, who has been attending school at Castleton, is home inasmuch as the school is closed because of the grip.

Dr. Woodman and party enjoyed the football game at Hanover last Saturday and saw Dartmouth win from Norwich by the score of 20 to 0.

The Connors baby was badly burned last Saturday when she spilled a urn of hot coffee over her head and shoulders. The chance of recovery is about even.

John Fortune and wife of Windsor and Ora E. Downing and wife of Thornton, N. H., were recent guests at the home of Charles Paige.

Miss Margaret Ricker, daughter of Dr. Ricker of St. Johnsbury, has been the guest of Mrs. Carrie Warden.

Newbury were over the top in the fourth Liberty loan, as usual. We were \$40,000 over at midnight Saturday, our quota being \$121,500.

George Wheeler and wife were over Sunday guests of Mr. and Mrs. Kilburn Powers.

Carl Hutchins was a visitor in Lyndonville on Thursday last.

Edwin Cabree spent last Saturday and Sunday with his family, who are making their home this winter in the Fulson house.

Ernest Lamere, who has been very ill with the grip, is able to be out again.

Mrs. Nellie Banya is the new matron of Cottage hospital. Miss Davis, who has been in charge for a number of weeks, will remain until the epidemic of grip is over.

Miss Margaret Howe, youngest daughter of Joseph Howe of Woodville, died at Gardner from pneumonia last week.

Miss Jennie Hooker of Colebrook is visiting at the home of William Powers.

Mrs. M. C. Eggleston, a lady of 84 years, left Tuesday for California, where she will spend the winter with her son. She went by way of the B. & M. to Greenfield, over the New York Central to Chicago and finished her trip over the Santa Fe. She has made her home for several years with her daughter, Mrs. Will Powers, and has made the California trip several times.

Jasper Rutledge and Miss Clara Drew were married in Denver, Col., Oct. 3. Both were former residents of Woodville.

The Transportation Miracle.

The safe delivery of 2,000,000 American troops in France certainly turned the tide of war and served notice on the arrogant war lords of Potsdam that their international bluff had been called. To-day, the evacuation of Belgium and France is probably—yes, unquestionably—the result of this miracle.

Just how this has been done is not known exactly, nor will it be known until after the war, but we do know that the American navy had something to do with it. We do know that depth bombs and argus-eyed destroyers have almost made the dreaded submarine helpless.

We do know that a fleet of valuable ships has been created in this country, and that hundreds of them are safely traversing a peril-infested ocean every day.

Most of us give the entire credit for this achievement to the American fleet, and great credit is due, but it should not be forgotten that our heroic ally, Great Britain, has devoted more than 150 ships to this purpose, and that fully half of the troops landed in France have been carried in British vessels.

Naturally, all these activities have but one aim and end, the quick and safe delivery of our boys in France in the best possible condition for training and fighting. When one realizes that these troops, originally designed, say, to carry 2,000 men, have been "stretched" to carry 2,500, that in the bigger boats these figures mount up to over double, and, with the big crews needed to drive them across the ocean at top speed, the problem of feeding, berthing and keeping well 250,000 men per month is something of a task.

Up on the fighting lines, the soldiers must take what's served when and how they can get it, but look at this for a troopship menu:

Breakfast: Oatmeal and syrup, grilled sausages, bread and butter, coffee. Dinner: Vegetable soup, beefsteak and kidney pie, Lima beans and boiled potatoes, apples and oranges. Supper: Stewed fruit and rice, bread and butter, cheese and tea.

This is taken from the bill of a British transport, and the doughboys live just as well on the American ships.

When we consider what it means to serve such meals, transport the supplies and munitions, and keep not only 2,000,000 Americans in fighting trim but largely supply our allies, this miracle of transportation becomes more and more miraculous.

It is doing seemingly impossible things like this that make the advent of the United States the turning-point in this world war.—Rutland Herald.

For Coughs, Colds, and the relief of inflammatory conditions of the throat arising from Bronchial, Asthmatic affections and derangements of the Respiratory Organs. Prepared from Spruce Gum and other medicinal agents. Successfully used for 60 years.

Always buy the Large Size

GRAY'S SYRUP OF RED SPRUCE GUM

Montreal D. WATSON & CO. New York

Sample Each Free by Mail. Address post-office, Cuticura, Dept. 11A, Boston. Sold everywhere. Soap 25c. Ointment 25c and 50c.

Cuticura Promotes Beauty Of Hair and Skin

If the Soap is used for every-day toilet purposes assisted by occasional touches of Cuticura Ointment to first signs of pimples, redness, roughness or dandruff. Do not confound these fragrant super-creamy emollients with coarsely medicated, often dangerous preparations urged as substitutes.

Sample Each Free by Mail. Address post-office, Cuticura, Dept. 11A, Boston. Sold everywhere. Soap 25c. Ointment 25c and 50c.

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Easy to Make This Pine Cough Remedy

Thousands of families swear by its prompt results. Inexpensive, and saves about \$2.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several peculiar elements that have a remarkable effect in soothing and healing the membranes of the throat and chest. Pine is famous for this purpose.

Pine cough syrups are combinations of pine and syrup. The "syrup" part is usually plain granulated sugar syrup. To make the best pine cough remedy that money can buy, put 2 1/2 ounces of Pinex in a pint bottle, and fill up with home-made sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup.

Either way, you make a full pint—more than you can buy ready-made for three times the money. It is pure, good and very pleasant—children take it eagerly.

You can feel this take hold of a cough or cold in a way that means business. The cough may be dry, hoarse and tight, or may be persistently loose from the formation of phlegm. The cause is the same—infamed membranes—and this Pinex and Syrup combination will stop it—usually in 24 hours or less. Splendid, too, for bronchial asthma, hoarseness or any ordinary throat ailment.

Pinex is a highly concentrated compound of genuine Norway pine extract, and is famous the world over for its prompt effect upon coughs.

Beware of substitutes. Ask your druggist for "2 1/2 ounces of Pinex" with directions, and don't accept anything else. Guaranteed to give absolute satisfaction. Money refunded.

The Pinex Co., Ft. Wayne, Ind.

OLDST PERSON IN PITTSFORD.

Mrs. Margaret Poro, 98, Died Saturday.

Pittsford, Oct. 22.—Mrs. Margaret Christmas Poro, the oldest person in Pittsford, died about midnight last night at the home of her daughter, Mrs. Charles Greeno. She had been in failing health for several years and had been confined to the bed for two months.

Mrs. Poro was born in Williston 98 years ago. She is survived by one daughter, three sons, 31 grandchildren and 31 great-grandchildren.

Potato Market Report.

Boston: Receipts moderate; better feeling market. Maine Cobblers, Mountains, \$2.40@2.50; few \$2.55.

New York: Receipts liberal; market slow. Maine Cobblers, Mountains, 165 lbs., \$4.25@4.40; Michigan Round Whites, 160 lbs., \$3.25@3.30; New York Round Whites, 100 lbs., \$2.23@2.40; bulk, \$2.10@2.20.

Presque Isle, Oct. 19.—Growers holding for higher prices. Buyers holding off; sales made on previous contracts generally slow. Some small wagonloads. Bulk per barrel, Mountains, Cobblers, No. 1's, \$3; few \$3.10; No. 2's, \$3.10.

E. S. Brigham, Commissioner of Agriculture.

HEALTH BOARD

GIVES WARNING OF INFLUENZA DANGER

Ask People to Be Careful and Take Proper Treatment Promptly—Many Pneumonia Cases Follow Influenza—What to Do.

To be prepared for the serious outbreaks of influenza and pneumonia that are now sweeping over the entire country and that have seized on this community, Public Health Boards everywhere are issuing cautions and instructions to the public not to neglect treatment at the first symptom of a cold and to co-operate with the board and physicians in stamping out the spread of the disease.

No disease develops so quickly or spreads so rapidly. The first symptom usually is a sharp rise in temperature to 103 or 104 degrees, headache, pain in the back, throat feeling dry or sore. Unless promptly checked by proper treatment, the best plan is to go to bed and stay there for at least a week, keeping warm to avoid pneumonia, and let the minor ailment run its course and prevent the spread of the disease to others.

Most of us, in these busy days, cannot afford, if it can be avoided, to lose a week or more of work. It is in all cases unnecessary that at the very first sign of grip or influenza a counter-acting treatment should be taken.

Probably no better or more effective treatment can be followed at such a time than to get from the nearest drug store a complete Hyromet inhaler, consisting of a bottle of the pure Oil of Hyacinth and a rubber bulb connected by a tube into which a few drops of the oil are poured.

This is all you will need. Put the inhaler in your mouth and breathe its air deep into the passages of your nose, throat and lungs. Every particle of air that enters your breathing system will be charged with an anti-septic germ-killing balm that will absolutely destroy the germs of influenza that have found lodgment there.

You can't do this too often. The Hyromet inhaler is small and can be conveniently carried in a handkerchief or in your pocket. Every half hour or so throughout the day, take it out and draw a few breaths of its pure healing air into your nose and throat. Relief comes almost instantly. The grip or influenza symptoms subside. Congestion, fever, disappears, throat conditions become normal, and you soon are feeling fine. The outfit is not at all expensive, for the rubber inhaler will last a lifetime, while the Oil of Hyacinth can be obtained at less than a nickel.

Loose of people already have a Hyromet inhaler. Take it out, charge it and use it without delay. If you haven't one, get it to-day.

A few cents spent now may easily prevent serious illness and save you many dollars and help stamp out the spread of the disease.—Adv.

ORANGE COUNTY FARM BUREAU

Notes for Week Ending Oct. 19.

Owing to the quarantine, all meetings have been cancelled for the present. The series of community committee meetings planned for this coming week to map out a plan of work for the farm bureau for this coming winter has been cancelled and the county agent will try to see as many of the committee members as possible this fall in making out this plan of work.

The second number of the Orange County Farm Notes, issued as a monthly to the members of the farm bureau, has been sent out the past week. The leading articles were on feeding dairy cows this winter and plans for co-operative keeping of dairy records.

Men in this county who have had farm survey records taken sometime in the last three years or are keeping account books, have come in touch with the work of W. J. Tubbs, farm management demonstrator of the Vermont extension service. Others have met him at extension schools and other farm meetings. All will be sorry to learn of his recent death from pneumonia at Burlington. Mr. Tubbs was greatly liked by all who knew him and had been the means of encouraging many farmers by his studies of how to make the farm more profitable.

His death is a distinct loss to the state.

The More Sheep. More Wool. Association is very anxious to increase the number of sheep on our Vermont hills. Sheep can be purchased in car lots through O. L. Martin of Plainfield at a reasonable price from the western ranges. Any interested in bringing in sheep to this county are asked to get in touch with the county agent at once.

The new draft includes many new men working on farms in this line. The government does not want to decrease production unduly by taking for the army skilled farm labor now working on productive farms. Farm laborers who feel they can be of more service to their country working on a farm and farm employers who feel that the labor of these men is more valuable for food production than for the army are encouraged to make claims for these men, that they may be placed in a deferred class.

The loan committee of the Chelsea Farm Loan association visited five farms Saturday, looking up applications of men desiring farm loans. The association will not be able to look up more loans until next spring.

Recipe for the week: Cream of Maize Mullins—1 egg, 1 cup milk (or milk and water), 1 tablespoon shortening, 2 table-spoons of corn syrup (light or dark), 1 1/2 cups cream of maize, 1 cup wheat flour, 4 teaspoons baking powder, 1/2 teaspoon salt. Beat the egg lightly, add the other liquid and then the dry ingredients, mixing and sifting the wheat flour, salt and baking powder. Bake in a hot oven in well oiled muffin tin.

E. H. Loveland, County Agent; Miss F. Mildred Dutton, Home Demonstration Agent.

Deferred Men Pledge More Food.

A 10 per cent. increase in the production of swine and wheat in 1919 was pledged by the Deferred Men's organization of Madison county, Ind., in two rousing meetings recently held in Anderson. Spring wheat in this county yielded as high as 33 bushels an acre.

LOOK BEFORE YOU QUIT.

Advice to a Dairyman—Herd is More Easily Dispersed Than Built Up.

That farmers should observe a "Stop, look and listen," signal before deciding to quit the dairy business is the conclusion of H. C. Taylor of the agricultural economics department of the University of Wisconsin, in a recent bulletin. "Price fixing and cost accounting."

Mr. Taylor, himself a dairy farmer, puts the case thus: "In deciding upon prices both the farmer and the price commissioner should keep in mind the long time as well as the immediate effect. It takes decades to build up the